

## Outreach Activities



### Free diagnostic Health Camp at Saoner

was organised by Dept. of Community Medicine under the guidance of Dr. Deoke, Professor and Camp Incharge on **17/09/2023**. Dr. Anuprita Bhadage and Dr. Leena Balpande Assistant Professor camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Ramesh Ramtekkar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at Lata Mangeshkar Hospital. Approximately **31** Patients were Examined and **06** needy were referred to LMH, for further necessary evaluation and treatment



### Free diagnostic Health Camp at Uppalwadi

was organised by Dept. of Community Medicine on **04/10/2023**. Dr. Anuprita Bhadage and Dr. Mrunali camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Ramesh Ramtekkar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at Lata Mangeshkar Hospital. Approximately **140** Patients were Examined and **38** needy patients were referred to LMH, for



### Free diagnostic Health Camp at Dhapewada

was organised by Dept. of Community Medicine under the guidance of Dr. Deoke, Professor and Camp Incharge on **02/12/2023**. Dr. Sayli Bhagat Assistant Professor, Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi explained various schemes and facilities available at Lata Mangeshkar Hospital. Approximately **227** Patients were Examined and **64** needy were referred to LMH, for further necessary evaluation and treatment



### Free diagnostic Health Camp at "Kranti Jyoti Savitribai Fule Kanya shala Narkhed"

was organised by Dept. of Community Medicine under the guidance of Dr. Deoke, Professor and Camp Incharge on **03/12/2023**. Dr. Yamini Pusdekar Assistant Professor Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi explained various schemes and facilities available at Lata Mangeshkar Hospital. Approximately **472** Patients were examined and **119** needy were referred to LMH, for further necessary evaluation and treatment

# splash



An Initiative by MET unit  
NKP Salve Institute of Medical Sciences & Research Centre and LMH

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## from Editor's pen



*Dr. Kalpana Date*

*Interpersonal Skills a necessity for Doctors*  
Interpersonal skills are becoming more and more a necessity in the medical profession. These are people skills and include a range of competencies, from active listening and effective communication to empathy, compassion, and cultural sensitivity. These are the skills that measure a person's emotional, not just their academic, intelligence.

*Good interpersonal skills can lead to:*

- Creating a friendly environment for patients and staff
- Increased productivity of the staff
- Effective time management
- Improvement in patient care
- Development of good reputation for the institute or hospital
- Less litigation As with any human skill, interpersonal skills can be improved through conscious effort, therefore, the following steps could be adapted to develop interpersonal skills:
- The inclusion of these skills in the curriculum of all undergraduate medical schools;
- Inclusion in the assessment of an entry to specialty training;
- Be part of annual appraisal of doctors in training;
- Be used as a part of exit assessment for postgraduate doctors
- Including these skills in the senior doctor's appraisal and revalidation process;
- Teaching these skills through courses and workshops as part of continuous medical education.

The Competency Based Medical Education curriculum has incorporated these skills in curriculum of undergraduates and Postgraduates. The biggest challenge is to implement it properly and for that teachers' training and commitment is necessary.

## Jewels of NKIP



### Best Employee Award

**Nadeem Sheikh (Lab. Admin & Deputy Quality Manager CCL) was awarded as "Best Employee of VSPMAHE" on Independence Day 2023**

### A Guest Lecture on Organ Donation

**Was Organised by Internal Quality Assurance Cell on 15th Dec 2023 at Inspire Hall, NKPSIMS & RC and LMH Nagpur**  
**Dr. Sameer Jahagirdar ( Consultant Plastic Surgeon & Dr. Anagha Kulkarni ( Consultant Urologist ) were the Guest Speakers for the programme.**

## Outreach Activities



**Free Diagnostic Check up Camp at "Nagar Parishad Hall Mohpa"** was organised **17/12/2023**. Dr. Tushar Tathe Assistant Professor Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at Lata Mangeshkar Hospital. Approximately **543** Patients were Examined and **54** needy were referred to LMH, for further necessary evaluation and treatment



**Free Diagnostic Check up Camp at "Bhartiya Pradhnya Bhavan, Jaitala"** was organised on **19/12/2023**. Dr. Shilpa Hajare Assistant Professor Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at Lata Mangeshkar Hospital. Approximately **225** Patients were Examined and **25** needy were referred to LMH, for further necessary evaluation and treatment



**Free Diagnostic Check up Camp at "Shree Gurudev Sambhav Seva Mandal Sabhagruh"** was organised on **20/12/2023**. Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at Lata Mangeshkar Hospital. Approximately **243** Patients were Examined and **03** needy were referred to LMH, for further necessary evaluation and treatment.



### Family adoption visit for undergraduate students

Department of Community Medicine have organized Family adoption Programme (FAP) visit of 2023 MBBS batch to Sawangi Village, hingana on dated 23/12/2023 under the guidance of Dr. Ajeet Saoji ( Prof & H.O.D Community medicine ), Dr. Meenal Kulkarni ( Associate Prof ), Lecturer Dr. Leena Balpande and Dr. Tushar Tathe and Postgraduate students Dr. Mrunali Khandale, Dr. Virendra Bandawar. Total 47 undergraduate students were present for the visits.

## Outreach Activities



**Free diagnostic Health Camp at “Z P School No.1 Kondhali”** was organised by Dept. of Community Medicine under the guidance of Dr.Deoke, Professor and Camp Incharge on **05/12/2023**. Dr. Tushar Tathe Assistant Professor, Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. Approximately **378** Patients were Examined and **68** needy were referred to LMH, for further necessary evaluation and treatment.



**Free diagnostic Health Camp at Kalmeshwar** was organised by Dept. of Community Medicine under the guidance of Dr.Deoke, Prof. and Camp Incharge on **06/12/2023**. Dr. Ketan Dagadiya Assistant Professor Dr. Anuprita Bhadage camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at **LMH**. Approximately **463** Patients were Examined and **95** needy were referred to LMH, for further necessary evaluation and treatment.



**Free Diagnostic Check up Camp at “Shree Mangal Society Khaparkheda”** was organised by Dept. of Community Medicine under the guidance of Dr.Deoke, Prof. and Camp Incharge on **07/12/2023**. Dr. Leena Balpande Assistant Professor Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at **LMH**. Approx **183** Patients were Examined and **43** needy were referred to LMH, for further necessary evaluation and treatment.



**Free Diagnostic Check up Camp at “Gondkhairi”** was organised by Dept. of Community Medicine under the guidance of Dr.Deoke, Professor & Camp Incharge on **14/12/2023**. Dr. Yamini Pusdekar Assistant Professor Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at Lata Mangeshkar Hospital.

Free Diagnostic Check up Camp at **“Lahnuji Warluji Guddhe School, Jaitala”** was organised on **15/12/2023**. Dr. Sayli Bhagat Assistant Professor Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments like Medicine, Ortho, Ophthalmology, OBGY, ENT, Surgery, Paediatric and Dental rendered their services. MSW Mr. Sudhir Borwar and Mrs. Anjana Madavi were posted at camp to explain various schemes and facilities available at Lata Mangeshkar Hospital.

## Departmental Snippets



### Oath taking ceremony in Anatomy department

Was organized on 11/10/2023 in Dissection Hall. Respected Dean Dr. Kajal Mitra & Incharge UG cell Dr. Neena Nagdeo, HOD Department of Anatomy, teaching staff of Anatomy dept and all the first year MBBS 2023 batch students were present. Respected Dean Dr. Kajal Mitra administered the Oath to the students and explained about giving respect to the cadavers. Dr. Deepali Onkar Professor & HOD Dept. of Anatomy explained about the cadavers and their valuable act of gifting bodies for medical education and research about importance of cadavers in Medical teaching and how working with human material requires respect and sensitivity. Dr. R. N. Dehankar explained the etiquettes and rules to be followed in Dissection Hall. Oath ceremony was concluded by observing 2 minutes silence for the persons who donated their bodies for the education of medical students.



### Liquid Based Cytology (LBC) Training Session

Pathology Department conducted a training session on LBC (Liquid Based Cytology) for teachers and post graduate students of Pathology & Gynaecology dept. on 31/10/2023. Dr. Darshan Rana (Deputy Manager of BD Sure Path), explained the advantage of LBC over the manual method for cervical smear & Fluid cytology.



### Interactive session on Multiple complex trauma

An interactive session including live surgeries was conducted on “Multiple complex trauma” by Orthopaedics dept on **08<sup>th</sup> & 10<sup>th</sup> Dec 2023**. Eminent complex trauma surgeon **Dr. Peter Strom** and pelvi acetabular surgeon **Dr. Olof Wolf** from Uppsala University Hospital, Sweden visited our hospital regarding the same. All Post graduates & Teaching Staff participated in the activity where Dr. Sushil Mankar (HOD) demonstrated the multiple live surgeries and academic discussion on management of such cases.

## Departmental Snippets



### Workshop on Adult 2D Echo: A Day of Practical Learning

Radiodiagnosis Department organized a workshop on 17<sup>th</sup> Sep 2023 focusing on Adult 2D Echo, gathering experts, guest speakers, and junior residents. Dr. Kajal Mitra, Dean of NKPSIMS, along with Dr. Prashant Onkar, Dr. Suresh Phatak, Dr. Jyoti Prasad Sharma, and junior residents, were part of the event. The day began with Dr. Sandeep Dhote introducing the guests. Dr. Ganesh Sanap spoke about anatomy, imaging methods, and basic views for Adult 2D Echo. Dr. Anil Modak followed with insights into systolic function concerning RV and LV. A live demonstration by Dr. Sanap and Dr. Modak was a highlight of this workshop. The audience actively participated in a hands-on workshop under their guidance. The day concluded with a case discussion led by department residents, showcasing cases diagnosed at NKPSIMS' Radiology department. The workshop aimed not only to impart knowledge but also to encourage practical learning and collaboration among medical professionals in Radiodiagnosis.



### Celebration of national nutrition month (Poshan Abhiyan)

Guest lectures were organized by Dept of community medicine to celebrate the National Nutritional month on 25/09/2023 under the guidance Dr. Ajeet Saoji (Prof & H.O.D), Dr. Meenal Kulkarni (Associate Professor), Dr. Leena Balpande (Asst. Professor) and Mrs. Pande (nutritionist). The lectures were delivered by Mr. Nandu Gedam (ECD counselor) and Mrs. Shalini Kotamkar (Nutrition Officer SMRC, Nutrition Bureau, Nagpur) to PNC mothers and their care taker. The PNC mothers were acquainted with the importance of balanced diet, various significant nutrients in diet and were counselled about the myths regarding pregnancy, delivery and postpartum period. The session was very impressive entailing involvement of audience who participated actively in the same. The theme this year was "Suposhit Bharat, Sakshar Bharat, Sashakt Bharat". This mission aims to nutrition for all, together toward a healthy India.



### Orientation program for post graduates by Community Medicine

Department of Community Medicine had organized the orientation program for the newly joined residents in the department of 2023-24 batch on 15/12/2023 under the guidance of Dr. Ajeet Saoji (Prof & H.O.D). The program was kick started by warm welcoming the residents. Dr. Ajeet Saoji have debriefed the students about various aspects of the subject. Orientation program had various interesting sessions that were conducted by the departmental faculties. This program was appreciated by the residents.

## Innovative Teachings



### Multidisciplinary Value Added Course by Pediatrics dept

Was conducted on Cerebral Palsy from 14/09/23 to 21/09/23. Various faculty from speciality departments delivered guest lectures. Dr. Himashu Dua Asso. Prof Pediatrics, Dr. Priyanka Ramteke (Pediatric Neurologist), Dr. Deepak Asia (Occupational Therapist), Dr. Abhijeet Deshmukh (Physiotherapist), Dr. Amol Tamhane (Pediatric Ophthalmologist), Dr. Milind Changole (Pediatric Ophthalmologist), Dr. Amit Nemade (Pediatric Orthopedician), Dr. Sarang Rokade (Pediatric Orthopedician), Dr. Vivek Harkare (HOD Otorhinology), Dr. Neelu Somani (Audiologist), Dr. Swapnali Bansode Asst. Professor Pediatrics

Pradnya Pande (Nutritionist), Dr. Pankaj Singh (Psychologist) briefed on the topic of Cerebral palsy to the residents. All guest speakers were felicitated with small token of appreciation. Junior residents and faculties from pediatrics department have attended this course. This course was very knowledgeable and informative. Junior residents found this course very useful for their post graduate curriculum.



### Case Based Discussion by dept of Orthopaedics

Dr. Amit Bhandarkar (consultant spine surgeon at St. Mary Spine Clinic, USA) and Dr. Mohammad Faizan, Visited Orthopaedic department on 24<sup>th</sup> Dec 2023 for case discussion on various spine cases including lumbo sacral and cervical spine. Students and Faculties from various medical colleges of Nagpur including AIIMS, GMC and IGMC and Datta Meghe Institute were invited by the Department of orthopaedics. Dr. Sushil Mankar (HOD Of orthopaedics) and spine specialists Dr. Nitin Pothare and Dr. Pranav Charde successfully conducted this extremely informative session with a number of orthopaedic residents from all across Nagpur.

### Syndicate seminar by Biochemistry

Department of Biochemistry conducted a syndicate seminar on "Transport Across Cell Membrane" on 04<sup>th</sup> October 2023. Ms. Astha Bhandari, Ms. Sanjana Bhutada, Ms. Adishree Rajeshirke presented the seminar. 195 Students of First MBBS 2023 Batch were present for the seminar. Dr. Madhur Gupta, Prof. & HOD Department of Biochemistry coordinated the event.



### Visit to Regional public health laboratory

Department of Community Medicine have organized a visit of the postgraduate students in dept. of Community Medicine to a regional public health laboratory, Nagpur on 21/09/2023. The main aim of the visit was to acknowledge the residents to public health laboratory and their functions. Students were debriefed by the in charge regarding various aspect of the public health lab including the administration and management. They were given detailed information about the procedures and protocol followed in public health lab including various aspects of water testing and food analysis. The visit was very fruitful. All the residents were present for the visit.

## MET Corner



On 23<sup>rd</sup> Oct 2023 a Guest Lecture on, "Medical Ethics" was conducted for medical students 2023 batch. Dr. Shubhada Deshmukh Professor, Emergency Medicine and Chairman of the Bioethics Unit, delivered the lecture explaining the duties and the basic ethics to be followed by a doctor while treating the patient.



A guest lecture on, "Bridging the gap between medicine and engineering" for UG students was organized on 25<sup>th</sup> Oct 2023. Mrs. Rekha Rattan, Research Consultant, Dept. of Research & Innovation RCOEM, Nagpur, was the guest speaker.



MUHS Recognized Workshop on, "Resident as Teacher" was conducted for the post-graduate students from 30<sup>th</sup> - 31<sup>st</sup> October 2023. 29 students attended the workshop.



A guest lecture was organized on 31<sup>st</sup> October 2023 on, "Look Beyond Medicine" delving into the future of health care with an exploration of challenges and opportunities for the undergraduate students. Dr. Satish Deopujari, renowned paediatrician, was the guest speaker. Dr. Deopujari guided and apprised them by sharing his own experiences, which the audience acknowledged and appreciated.

On 5<sup>th</sup> and 6<sup>th</sup> Dec 2023 two days workshop for post-graduate students (2022 batch) was conducted on "Resident as Teacher". 31 students attended the workshop and appreciated the sessions conducted.

Soft Skill Training Program on "Customer service Relationship" for Hospital Billing Clerks was conducted on 19<sup>th</sup> & 20<sup>th</sup> Dec 2023. 16 participants from different departments participated in the workshop.

On 28<sup>th</sup> December 2023 a Guest Lecture was conducted on, "Sensitisation to MOODLE LMS", for undergraduate students. Dr. Sharjeel Khan, Associate Professor, FMT and MEU member sensitized the students about the learning material available and how to operate MOODLE for study purpose and avail its benefits.

## Day Celebrations



### Celebration of National Nutrition Week -2023

Dept of community medicine has celebrated the national nutritional week on 12/09/2023 under the guidance of Dr. Ajeet Saoji sir (Professor and H.O.D), Dr. Meenal Kulkarni (Associate Professor) and Dr. Leena Balpande (Asst. Professor). On this eve, interns have worked up innovatively & made beautiful rangoli of the various nutrient groups, explaining the importance of every nutrient group and their sources. Recommended dietary allowance (RDA) for various age groups and their deficiency disorders and preventive measures. The theme this year was "Healthy Diet Affordable For All".



### Slogan Competition by Dept of Anatomy

To celebrate "World Anatomy Day", on 15<sup>th</sup> October 2023 the dept of Anatomy organized a Slogan Competition on Body Donation for 1<sup>st</sup> MBBS 2023 Batch students.

Sixty-six students participated in the competition. Dr. Neena Nagdev, UG cell incharge & HOD Microbiology and Dr. Sushrut Fulare, Deputy Medical Superintendent & Professor of Surgery were the judges. Dr. D.P. Onkar, Prof & HOD Anatomy briefed the importance of body donation & role of Anatomy department for it. All the teaching & non-teaching staff members worked hard for the success of the program.



### Poster presentation to celebrate world AIDS day 2023.

Department of Community Medicine had observed World AIDS day under the guidance of Dr. Aniruddha Deoke (Prof. Community Medicine) and Dr. Leena Balpande (Asst. Prof) on 08/12/2023. The posters were presented by the interns posted in the department and were displayed in front of the Deans' office for creating awareness regarding the disease, its prevention strategies, treatment protocol and preventing discrimination and stigma related to the disease. The theme this year was "Let Community Lead".

## Day Celebrations



**“International day of disabled Persons”**, was celebrated by Community medicine by organizing the presentation on 21/12/2023 under the guidance of Dr. Ajeet Saoji ( Prof &H.O.D)& Dr. Leena Balpande ( Assistant Professor). The poster's were presented by the residents of the department. The theme this year was **“United in action to rescue and achieve the SDGs for, with and by person with disabilities”**. All the residents were present for the activity.



### World suicide prevention day 2023

A poster presentation competition was organized by Dept of community medicine to celebrate World suicide day prevention on 14 /09/2023 ,under the guidance Dr. Ajeet Saoji (Professor and H.O.D), Dr. Meenal Kulkarni (Associate Professor) and Dr. Leena Balpande (Asst. Professor). On this occasion interns prepared the posters regarding suicide prevention and displayed them in front of the dean office for the purpose of information. The theme this year was **“Creating Hope Through Action”**. All interns were present for the activity.



### Celebration of world rabies days -2023 (Skit )

Department Of Community Medicine celebrated world rabies day on 27/09/2023 under the guidance of Dr Ajeet Saoji (PROF & H.O.D), Dr. Meenal Kulkarni (Associate Prof.).On this eve, interns posted in the department of Community Medicine had prepared a very innovative skit on rabies and presented in the hospital premises. The main aim of the skit was to sensitize the audience regarding anti-rabies vaccination, generating the awareness among them regarding rabies and its preventive strategies. The theme this year was **“All for 1 ,One health for all”**.



### World Diabetes Day celebration

Dept of Community Medicine celebrated world diabetes day by making a Rangoli on the eve of 08/11/2023 and observed World diabetes day under the guidance of Dr. Ajeet Saoji and Dr. Leena Balpande. Very innovative and informative rangoli was made by the residents in the dept showing the significance of rising trend of diabetes in Indian society, its risk factors, its preventive strategies and health care infrastructure dedicated to reduce the further incidence of the disease and complications related to it. The theme this year was **“ Access to Diabetic care”**.

### World AIDS day celebration

Department of community medicine have organized a skit on the occasion of World AIDS day under the guidance of Dr.Ajeet Saoji (Prof. & H.O.D) and Dr. Leena Balpande ( Asst. Prof) on 05/12/2023. A skit was presented very innovatively and in a simplified manner by the interns posted in the department creating an awareness among the masses regarding the disease, its prevention strategies, treatment protocol and preventing discrimination and stigma related to the disease. The theme this year was **“ Let Community Lead”**

## Met Corner



Soft Skill Program for Nonteaching Staff was conducted from 1<sup>st</sup>-30<sup>th</sup> Sept. 2023.The topic for the program was **“Time Management”**.116 Nonteaching staff participated in this interactive session



From 9<sup>th</sup> Sept - 13<sup>th</sup> Sept. 2023 ,A Basic Cardiac Life Support-skills workshop was conducted for first MBBS 2023 batch. Students enthusiastically participated in the workshop



Foundation course for 1st MBBS 2023 batch was organized from 26<sup>th</sup> Sept 2023 - 25<sup>th</sup> Oct 2023. Lectures, various activities, workshops and sessions were conducted in this foundation course, thus helping them to have good foundation for their new journey.



Guest Lecture- Motivational talk by Padmashree Dr Natarajan was organized on 30<sup>th</sup> Sept. 2023 in Matoshree hall. Students and faculties attended the lecture and were inspired and motivated after the talk

From 1<sup>st</sup> Oct - 31st Oct 2023, A Soft Skill Program For Non-Teaching Staff was conducted on the topic of **Customer Service Orientation**.84 of the non-teaching staff participated in this interactive session