

Institutional distinctiveness: Life-saving skills workshops

Training students and staff in Life-saving skills workshops is the need of the hour.

1 Basic Life Support Workshop (BLS).

NKPSIMS & RC and LMH started this mission with **BLS**, a skill, which should be mastered by health care professionals (HCPs) as well as laypersons. It was with this promise, Institute established EMS committee headed by professor of anaesthesia. It was a massive task to train all the staff members and students of Medical, Dental, Physiotherapy and Nursing Institutes of campus in BLS. What started as a dream was converted into reality in a very short span time. As a step I a pool of 52 instructors was created as per Indian Academy of Pediatrics norms who undertook oath of commitment to be available to conduct at least three workshops in a year. A structured timetable schedule was prepared and was followed with the help of

HR department. Dedicated skill lab equipped with mannequins and audio visual and public address system was created. BLS workshops have now become a regular activity throughout the year. As an evidence of success, we want to quote that a nursing staff witnessed a roadside accident, she came forward and gave BLS to the victim and saved his life till he reached hospital

2. American Heart Association (AHA) accredited Basic Life Support (BLS)/ Advanced Cardiac Life Support (ACLS) training center was our next goal.: Institute had organized

AHA accredited BLS & ACLS providers & instructor workshop under Fortis Hospital Noida. Seventeen BLS and ACLS instructors (faculties and staff nurses) got recognized by AHA .

Since then our Institute got status of independent training center. Conduction of these workshops became regular feature since then. Policy decision about making these courses compulsory for all JR1 working in clinical departments was taken and implemented strictly

Since 2018, we achieved next milestone in our mission.

3. Basic Life Support in Obstetrics (BLSO) and Advanced Life Support in Obstetrics (ALSO) :

Our center got recognized to conduct these courses devised by American

Association of Family Physicians (AAFP) under the guidance of a Hyderabad based training center. Eight of our faculties from Dept of Obstetrics and Gynecology became instructors and are conducting these courses regularly

4. Introduction to life saving skills to UG students was our next mission: In 1st year students have a theory lecture on 'Science behind CPR. During 2nd year they have BLS workshop. Third year students are given hands on training on Airway management, Normal labor and 'Code Blue Training' (one-day workshop on the lines of ACLS workshop).

5. COVID 19 management workshop on the lines of iGOT : During COVID-19

pandemic considering the necessity of the time, we worked hard to train all faculties and residents. Training was aimed at teaching patient monitoring, pharmacological treatment, proper use of Personal protective equipment , Airway management and biomedical waste management. Medical officers working in PHC also got this training

Recently our Institute got recognized to undertake IRC accredited Basic Cardiopulmonary Life Support workshop.