

Guest Lecture

Unheard Struggles of Medical Residents – A Temporary Burnout or Depression.

This phase of COVID 19 is a phase of turmoil in the Medical Residents' lives. It is already a known fact that Residency of a Medical Postgraduate student is the toughest phase in a doctor's career. To add to their miseries came COVID-19 and along with it came the baggage of longer working hours, high risk patients, lesser opportunity of handling cases other than COVID-19 and to top it all, late admissions leading to more burden on existing batches. A burn out is the natural outcome.

The alumni Association NKP Salve Institute of Medical Sciences & Research Centre and Lata Mangeshkar Hospital, Digdoh Hills, Nagpur aptly organized a lecture and an open forum for discussion, on burnout/ depression in Medical Residents. The speaker was a PG alumnus and now a renowned Psychiatrist in Nagpur Dr.Pritam Chandak. His talk explicitly covered the causes and different ways of dealing with depression. Dean Dr. Kajal Mitra highlighted the importance of the mentor-mentee program of the institute. Dr. Vilas Thombre, Vice Dean (Academic); Dr. Nitin Deosthale, Vice Dean (Clinical) and Dr.Sushil Gawande, Prof. of Psychiatry congratulated Dr. Pritam Chandak for the presentation. Dr.Mohana Majumdar, Director (General Administration), Dr. Sushrut Fulare, Dr. Arti Kasulkar and Dr. Shilpa Hajare were the organizers.



