

MET CORNER



Class Apart -2021 a two days online Personality Enhancement Program was conducted on 3rd and 4th May 2021. Dr Suresh Chari was the faculty, 52 MBBS students of 2019 batch attended the program.

Express to Impress: A two day workshop on public speaking & presentation skill for MBBS students 2019 batch was organised on 11th & 12th May 2021. Dr. Suresh Chari was the faculty. 20 MBBS students of 2019 batch attended.

Interdepartmental Fun Quiz for Teaching Staff on 1st June 2021: A stress buster activity. Dr SushilGawande was the quiz master while Dr Anne Wilkinson and Dr Madhur Gupta were the scorers for the quiz. Department of Pathology was the winner of the quiz.

MOODLE Software workshop for teaching staff on 8th and 9th June 2021. 17 teachers from pre and para-clinical departments and 24 from clinical departments were trained on the implementation of the software.

NMC recognised Revised 3 days Basic Course in Medical Education Technology was conducted on 22nd, 23rd & 24th June 2021 and then on 6th, 7th & 8th July 2021 for teaching staff.

MET Unit & UG Cell had organized a **Parent Teachers Meet** on 31st May 2021 using the Microsoft team platform which was addressed by Hon'ble Dean Dr. Kajal Mitra.

Department of Community Medicine has conducted a series of syndicate seminars on topics -Impact of Environment on Health, World population day, Covid Vaccines, Post Covid complications. Seminars were presented by interns posted in the department in presence of all teaching faculty.

Department of Plastic & Reconstructive Surgery celebrated International Plastic Surgery Day on 15th July 2021 by conducting online webinar in presence of respected Dean Dr. Kajal Mitra. Dr. Nikhil Panse, Asso.Prof., Dept. of Plastic Surgery, B.J. Medical College, Pune was the guest speaker. He presented a talk on "Overview of Propeller Flaps." Dr. Dhananjay Nakade and Dr. Ashwini Panditrao helped to make this event successful.



Eye Donation fortnight by Ophthalmology Department

36th National eye donation fortnight celebration - 25th Aug to 8th Sept 2021. On 5.9.2021 :Blind Rally with the Ophthalmology Society of Nagpur (OSN) to create awareness about eye donation. President OSN Dr. Mohana Majumdar and HOD Ophthalmology Dr. Rekha Khandelwal with other staff members participated in this rally. Concluding program to mark Eye Donation Fortnight was organized and the relatives of the donor family members were felicitated by Hon. Dean Dr. Kajal Mitra.



World Breastfeeding Week Celebration by NSS Volunteers

World Breastfeeding Week - 1 to 7 August. This year, for WBW 2021, the theme is "Protect Breastfeeding: A Shared Responsibility". The theme is aligned with thematic area 2 of the WBW-SDG 2030 campaign which highlights the links between breast feeding and survival, health and wellbeing of women, children and nations. Keeping in view of this theme, NSS volunteers of 2019 batch, under Department of Community Medicine performed a Role-play and displayed posters in hospital premises to create awareness on 12/08/2021. Dr. Kajal Mitra, Dean and Dr. Chari, Director MET & Research graced the occasion by their presence and motivated the volunteers. Dr. Ajeet Saoji, Prof. and Head, Dr. A. R. Deoke, Prof. and all the teaching faculties of Department of Community Medicine were present and guided the NSS volunteers for role-play. Efforts of the NSS volunteers for community sensitization were highly appreciated by all the teaching faculties and general public.



Free Diagnostic Camp at Sidheshwar Sabhagruh, Manewada Road and Garoba Maidan

Free Diagnostic Health Check Up Camp was organised by Dept. of Community Medicine. Dr. Deoke, Professor, Dept. of Community Medicine and Camp Incharge, under his guidance camp was conducted on 25/07/2021. Dr. Ketan Dagdiya, Assistant Professor, Dr. Anuprita Bhadage, camp coordinator successfully conducted the camp. Teams of doctors from various departments rendered their services. Mr. Ramesh Ramtekkar, MSW and Mr. Vishal Khursunge, PRO were posted at camp to explain various schemes and facilities available at Lata Mangeshkar Hospital. Approximately 408 patients were examined, 11 people voluntarily donated blood to serve mankind. Needy patients were referred to LMH, for further necessary evaluation and treatment.

CME was conducted at CCL on Quality control for Lab technicians on topics Quality Control and its Importance.

All technicians were benefitted. by this programme.



**An Initiative by MET unit
NKP Salve Institute of Medical Sciences & Research Centre and LMH**

*Dr. Kalpana Date
Editor*

*May - Aug 2021
for Private circulation*

Free operative camp for leprosy patients by Dept. of Orthopedics

Department of orthopedics in association with DDHS, Leprosy Government of Maharashtra organized free operative camp on leprosy patients at Lata Mangeshkar Hospital, Hingna Nagpur between 25th 28th August 2021.

Leprosy patients with various deformities were operated under the guidance of Dr. Anil Golhar and Dr. Sushil Mankar (HOD). All the post graduate students were trained for deformity correction of leprosy patients by faculty members. Inauguration of workshop was done by Dr. Kajal Mitra in presence of Dr. Thombre and Dr. Deosthale.

Yoga Day Celebration in General Medicine Department

On 21st June 2021, in dept. of General Medicine, a workshop about office yoga for lifestyle disorders was conducted on the occasion of "International Yoga Day" in the seminar room from 1pm to 2.30pm. Innovative session of yoga sadhana was held. Dr. R. Kshirsagar was the Yoga instructor. He started the workshop with 'Omkaara' chanting and went on to explain & demonstrate various simple yogic exercises along with breathing technique. He also explained pranayama techniques of anulomvilom etc. in a very simple manner.

Series of Resident Education Programs by dept. of Ophthalmology

Resident Education Programs on topics Cornea, Retina, Uvea, Imaging etc were conducted in June 2021. The faculties were of international repute. Dr. Rashmi Deshmukh, Cornea Specialist, UK spoke on "Corneal Imaging". Hands-on workshop in intravitreal injections by Dr. Rhtuja Deo, Asst. Prof. A PBL session on - Diabetic Retinopathy led by Dr. Rekha Khandelwal. A virtual Guest Lecture by Dr. Rashmin Gandhi Neuroophthalmologist from centre for Sight, Hyderabad was organized at National level for the residents of other institutes also, the topic was Neuro- ophthalmology : "How to examine a Neuro- ophthalmology case."



Blood Donation Camp at RHTC, Katol

On occasion of 75th Birthday of Hon'ble Chairman Shri Ranjitbabu Deshmukh, blood donation camp was conducted at RHTC, Katol. Since Covid 19 pandemic, there is shortage of blood units all over Maharashtra. Keeping this in view, total 54 blood donors were present. Blood Donation camp was conducted in presence of Dr. Kishore dhobale, Medical officer, Dr. Bhavana Javade, Dr. Rupal Darak and Dr. Mrunal khobragade.

World Population Stabilization Fortnight 2021

The department of Ob-Gy, organised a World population stabilization fortnight 2021. Family planning awareness programme for post graduates and interns was conducted on 13th July 2021



from Editor's pen



Dr. Kalpana Date

Online education a boon or a bane....

Online education comes in shades of grey. With educational institutes closed due to the COVID-19 pandemic, the government has been encouraging online education to achieve academic continuity. Most high-end private and public institutions have made the switch smoothly using online platforms such as Zoom, Google classrooms, Microsoft teams, etc., while many still find it a herculean task. The challenges of online education are multifaceted. Body language and eye contact, which are important cues for the teacher, are difficult to perceive in an online class. A teacher is unable to receive continual feedback in the form of students' reactions during online sessions, which reduces the effectiveness of teaching. Cheating prevention during online assessments was very difficult. E-Learning requires strong self-motivation and time management skills. Its major drawback is lack of communicational skill development in students.

There are certain advantages of online teaching too and can be an add-on to traditional teaching but it cannot replace it. The Benefits are, it has added Flexibility and Self-Paced Learning. Improved Virtual Communication and Collaboration. It has financial benefits and also promotes self directed learning. Students can develop a Broader global perspective, as online courses have shown us that world is small, with technology one can connect with person in any corner. So a hybrid model of online and offline is the right way!



Breast feeding awareness campaign by talks, role plays and videos at RHTCKatol attended by 45 people. Syndicate Seminar for UG's followed by Role play and skit competition. Awareness programme for Antenatal and Postnatal Women and their relatives in ANC and PNC ward and it was attended by about 50 people.

Similar programme was conducted for ASHA worker, and Educational video release for ASHA workers prepared by the faculty of OBGY dept was released which was highly appreciated by the 20 ASHA's who attended the event.

Similar public awareness programme on breastfeeding was conducted at Jaitala UHTC which was attended by around 25 people.

On the concluding day 7th August an online CME was organised for the faculties, Dr. Vidya Sutaone spoke on "Antenatal preparation for breastfeeding" and Dr. Swapnil Bhisikar updated about "Breast feeding in special situations".

Jewels Of Nkp

Dr. Heena Pahuja got Second Prize for Staff Research Presentation- 15th August 2021 and First Prize- Mrs. Vaishali Malegaonkar Memorial Award for Interesting Case Presentation Competition (Organized by ISA NCB)- 16th July 2021

Dr. Gaurav Deshmukh P.G. Student of Anaesthesia dept. bagged 2nd prize in Intercollegiate E-Poster Competition 21st June 2021

Dr. Anuja Bhalerao and Dr. Savita Somalwar were faculties for the Workshop on uterine balloon therapy and NASG for postpartum haemorrhage at Daga hospital on 21st June 2021

Dr. Tanuja Manohar spoke in Marathi on Radio (Aakashwani) on 25/5/2021 topic was COVID 19: Symptoms & Treatment.



HICC Committee has organised a series of training sessions on important topics of HAI for Faculties, Junior residents and nursing staff. All HICC members are involved in training.

Internship Orientation Programme 2021

Internship orientation programme for 2016 ABCD batch was organised by the department of community Medicine from 3.5.21 to 7.5.21. Due to covid pandemic an online programme was conducted. Rules and regulations regarding internship were explained by Dr. Meenal Kulkarni Internship Incharge and Dr. Ajeet Saoji, Prof and HOD Community Medicine dept.

OBGY Celebrated World Breast feeding Week - 1st To 7th August 2021

Dept. OBGY and Dept. of Paediatrics, in association with NOGS, NARCHI Nagpur Chapter, AOP organized World Breastfeeding Week. It was a mega event with various activities organized for UG, PG faculties of both departments, interns and nursing colleges of VSPM. Quiz on breast feeding on 2nd August 2021, 5 teams one each from MBBS, Interns, PG from OBGY & Paediatrics and nursing department participated. Winning Team- Interns (2016 MBBS) Dr Anagha Yenurkar & Dr Shweta Agrawal. 1st runner up team - UG team (2017 MBBS) - Dr Harshal Ninawe & Dr Pratiksha Virande. 2nd runner up team - Pediatrics residents team- Dr Vasant Dhawas & Dr Nikita Dhavale.

Release of Educational videos on Breastfeeding prepared by the faculties and residents of OBGY & Paeds was also done by Dr Kajal Mitra.

Poster, Slogan, & Rangoli competition was also conducted.

Departmental Snippets



CME on "Approach to Systemic Rheumatic Disorders" conducted by General Medicine Department

A CME on 'Approach to Systemic Rheumatic Disorders' was conducted by the department of General Medicine, on 17.07.2021. Hon. Dean, Dr. Kajal Mitra inaugurated the CME. Eminent Rheumatologists, Dr. Smruti Ramteke, Dr. Sachin Dhote & Dr. Saurabh Chahande were the expert speakers and gave comprehensive overview of the subject. Dr. P. K. Deshpande was the guest of honour. Dr. Nalini Humaney, HOD Medicine was the chairperson of the CME and Dr. Shilpa Deoke was the organizing secretary.

CME on Anaesthesia for Laparoscopic Surgeries was organized

Department of Anaesthesia in association with ISA-NCB organised a CME on Sunday, 29th August 2021. Faculties were Dr Elsa Varghese Retired Prof and Head, KMG, Manipal and President Indian Association of Paediatric Anaesthesiologist and Dr. Krishna H.M. Prof and Head, Department of Anaesthesia, Kasturba Medical College Manipal. It was attended by around 120 Anaesthesiologist

Guest Lectures organized by various departments:- PAEDIATRIC ANAESTHESIA

Department of ANAESTHESIA with MET Unit of NKPSMS & RC organised Lecture on Pediatric Anaesthesia on ZOOM 29/06/2021 at 6.00 pm. Faculty was Dr. Dhiraj Bhandari, (Prof. Dept. of Anaesthesiology MGIMS Sevagram).

Anaesthesia for Robotic Surgery was conducted by Department of ANAESTHESIA with MET Unit of NKPSMS & RC on ZOOM 22/7/2021 at 6.30 pm Faculty was Dr. Joy Shankar Jana, (Asso. Professor, KEM Pune & Consultant Anaesthetist Galaxy Care Hospital Pune).

Early Recognition & Management of Sepsis on 11th June 2021 by dept. of Medicine. Dr. Hemant Deshpande, Assistant Professor Critical Care Medicine, Jawaharlal Nehru Medical College, Sawangi, Wardha.

Webinar of Acute Rheumatic Fever Past, Present & Future by dept. of Medicine on 4th June 2021 Dr. Vaibhav Patil, Alumni of our institute.

Work shop on "Garbhavastha Avam Yoga" by OBGY

A workshop on Yogasana in Pregnancy was conducted at Gynae OPD on 21st June 2021 by the. Workshop was conducted on the occasion of International Yoga Day for the awareness of benefits of yogasana during pregnancy as well as after that. Antenatal patients from ANC OPD attended the workshop. Dr. Sulabha Joshi, explained all the participants about the importance of yoga in life "Yog and pregnancy". Dr. Anuja Bhalerao welcomed the audience. Dr. Prachi Dixit, Dr. Sanyukta Dawle explained and demonstrated about all the Dos and Don'ts in yogasana for pregnancy.



A Panel discussion on COVID and Mucormycosis

Department of Microbiology organised a Panel discussion of COVID and Mucormycosis on Zoom Platform on 4th June 2021. The Panelist were Dr. Vivek Harkare, Dr. Neena Nagdeo, Dr. Tanuja Manohar, Professor, Dr. Archana Nikose. The session was Moderated by Dr. Kalpana Date. From all over India 95 participants actively participated in the session. Dr. Nikose shared interesting cases of orbital Mucormycosis operated in our institute. Dean Dr. Kajal Mitra and Vice Dean Dr. V.R. Thombare appreciated the program.

Polio Surveillance conducted by Dept of Community Medicine

Dept. Community Medicine, in coordination with WHO, NPSP Deputy Director of Health Services, Nagpur circle is conducting the surveillance of Acute Flaccid Paralysis, Measles, Rubella and Vaccine preventable diseases and we are reporting the suspected cases to Dr. Mohammad Sajid (SMO-WHO). Orientation program was conducted for Doctors and staff regarding identification of above mentioned Diseases. Along with above reporting, Surveillance for suspected cases of Diphtheria Pertusis and Neonatal Tetanus will be reported to the Government.